

SIMULTANEOUS ANALYSIS OF SATURATED AND UNSATURATED FATTY ACIDS PRESENT IN PEQUI FRUITS BY CAPILLARY ELECTROPHORESIS

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In the current study, an alternative method has been proposed for simultaneous analysis of palmitic, stearic, oleic, linoleic, and linolenic acids by capillary zone electrophoresis (CZE) using indirect detection. The background electrolyte (BGE) used for the analysis of these fatty acids (FAs) consisted of 15.0 mmol L⁻¹ NaH₂PO₄/Na₂HPO₄ at pH 6.86, 4.0 mmol L⁻¹ SDBS, 8.3 mmol L⁻¹ Brij 35, 45% v/v acetonitrile (can), and 2.1% n-octanol. The FAs quantification of FAs was performed using a response factor approach, which provided a high analytical throughput for the real sample. The CZE method, which was applied successfully for the analysis of pequi pulp, has advantages such as short analysis time, absence of lipid fraction extraction and derivatization steps, and no significant difference in the 95% confidence intervals for FA quantification results, compared to the gas chromatography official method (AOCS Ce 1h-05).

Keywords: pequi fruit; gas chromatography; capillary zone electrophoresis.

INTRODUCTION

Brazil is the most diverse country in the planet in terms of its vegetation types, and interest for its native fruits is increasing worldwide. Its large geographic area has a great variety of vegetation; several of its fruits have not yet been studied well. The Cerrado biome is an important Brazilian vegetation area, covering about 21% of the country's land territory, and harbors a great diversity of fauna and flora.¹ Pequi tree is one of the typical species found in Brazilian Cerrado and its fruit, the pequi (*Caryocar brasiliense* Camb.), is one of the most commercialized fruits of this biome. It has many applications in food, medicine, and cosmetic industries because of its high contents of carotenoids, and oleic and palmitic fatty acids (FAs).² Pequi pulp has a high lipid content, and the fruit also is an important source of micronutrients essential to human health, such as carotenoids, which have antioxidant and provitamin A activities. However, there is little information about its oil composition and content of vitamins, in particular vitamin E.³

Composition of the FAs present in pequi oil varies according to the region of their production, climate condition, and time of harvest.¹ Regardless of this variation, oleic acid (-9) is the major component of the oil, followed by palmitic acid.^{1,3} Pequi oil is used as an ingredient in preparation of food; substituting other oils such as soya and *dendê* oils with pequi oil will account for 50.9% and 22.6% of the recommended daily amount for children and adults, respectively (considering consumption of 9 g of oil, as recommended by the Food Pyramid).⁴ Therefore, determination of FAs is important for chemical characterization of edible oils and fats and for quality control of several products.

The most common procedures used to measure FA concentration involve the following steps: first, extraction of lipids from a sample, generally based on the Folch or modified Folch method; second, isolation of FAs from the rest of the lipids by thin-layer chromatography (TLC) and/or solid-phase extraction (SPE); next, derivatization of

FAs to fatty acid methyl esters (FAMES); and finally quantification of FAMES by gas chromatography (GC).⁵ Chromatographic determination of FAMES and their separation into individual components are mostly performed using capillary GC⁵ and, less frequently, using high-performance liquid chromatography (HPLC).⁶

In the past decade, capillary electrophoresis (CE) has been used as a rapid, alternative technique for the analysis of FAs present in oils and fats because of the following advantages: easy sample preparation (no derivatization or methylation steps) and the use of nonspecific columns, simple background electrolytes (BGEs), and a small volume of reagents that can be purchased easily and are of low cost.⁷⁻¹⁴ The analysis by CE is performed in a counter-electro-osmotic mode (electrophoretic and electro-osmotic mobilities in opposite directions) using alkaline buffers (the species are analyzed as anions), where FAs with longer chains elute first and are detected by indirect UV measurement.¹⁰ However, based on the current analytical scenario, there is considerable room for improvement in FA separation by CE. In this context, a rapid and efficient method for the analysis of usual saturated and unsaturated long-chain FAs (such as stearic (C18:0), oleic (C18:1 9c), palmitic (C16:0), linoleic (C18:2cc), and linolenic (C18:3) acids) under indirect UV detection using CE, without carrying out the derivatization and lipid fraction extraction steps, has been proposed and compared with the corresponding GC official method. Figure 1 shows the structures of these FAs.

EXPERIMENTAL

Chemicals and materials

All reagents were of analytical grade and the water used was purified by deionization (Milli-Q system; Millipore, Bedford, MA, USA). The solvents purchased, including methanol (MeOH) (Vetec, Rio de Janeiro, Brazil), acetonitrile (ACN) (Merck, Rio de Janeiro, Brazil), hexanol, petroleum ether, and 1-octanol (Merck, Rio de Janeiro, Brazil), were of chromatographic grade. Reagents such as polyoxyethylene 23 lauryl ether (Brij 35®) and sodium dodecyl

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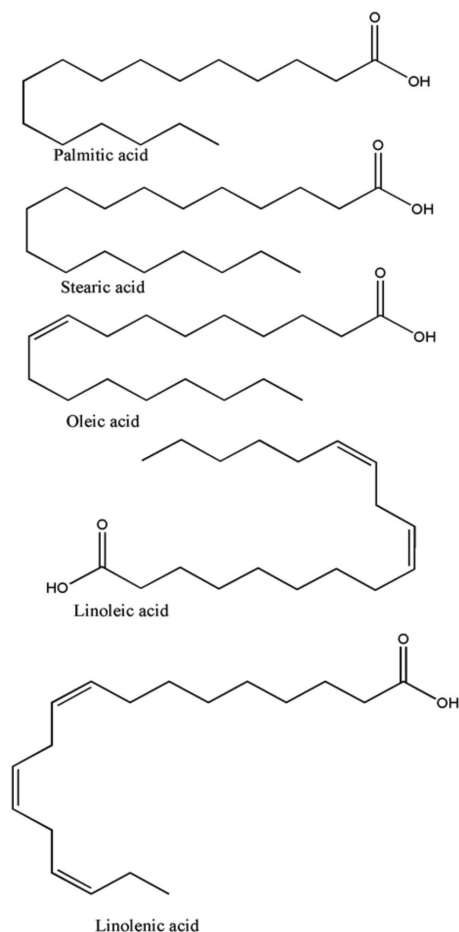


Figure 1. Chemical structures of FA analyzed in this study

benzene sulfonate (SDBS) were purchased from Sigma-Aldrich (St. Louis, MO, USA), and KOH, H₂SO₄, NaOH, NH₄Cl, and HCl from Merck (Rio de Janeiro, Brazil).

Standard FAs (C13:0, C15:0, C16:0, C18:0, C18:1 9*c*, C18:1 9*t*, C18:2*cc*, and C18:3*ccc*) were purchased from Sigma-Aldrich (St. Louis, MO, USA). Individual FA stock solutions at a concentration of 20.0 mmol L⁻¹ were prepared by dissolving appropriate amounts of the above-mentioned standard FAs in MeOH; they were stored in a freezer until analysis. A mixture of all the standard FAs was prepared at a concentration of 0.5 mmol L⁻¹ by appropriate dilutions with MeOH.

A mixture of FAME standards containing 37 FAMES having between 4 and 24 carbon atoms (Supelco Inc., Bellefonte, PA, USA), with certificated quantities of each compound; a mixture of *cis/trans* FAME isomers of 18:2 (*cc*, *ct*, *tc*, *tt*) and 18:3 (*ccc*, *cct*, *ctt*, *tcc*, *ttc*, *tct*, *ctc*, *ttt*) (Sigma Chemical Co, St Louis, MO, USA); individual FAME standards of about 99% purity (Sigma Chemical Co, St Louis, MO, USA): elaidic (18:1 9*t*), 18:1 7*c*, 18:1 12*c*, and conjugated linoleic (18:2 9*c*11*t* and 18:2 10*t*12*c*) acids; and an internal standard (IS) C13:0 were used for the experiment.

An aqueous Brij 35 stock solution (50.0 mmol L⁻¹ concentration) was prepared by weighing an appropriate amount of the reagent and dissolving it in a 100.0 mL volumetric flask. For preparing a sodium hydroxide (NaOH) solution of 0.5 mol L⁻¹ concentration, corresponding amount was weighed and dissolved in a 100.0 mL volumetric flask and the volume was made up with MeOH. An aqueous SDBS stock solution was prepared by weighing an amount corresponding to a concentration of 100.0 mmol L⁻¹ and dissolving it in a 100.0 mL volumetric flask.

Aqueous buffer stock solutions at concentrations of 100.0 mmol L⁻¹ were prepared using appropriate amounts of monobasic sodium

phosphate (NaH₂PO₄); in addition, solutions of dibasic sodium phosphate (Na₂HPO₄) at a concentration of 50.0 mmol L⁻¹ were prepared by weighing the corresponding amount and dissolving in a 250.0 mL volumetric flask. Phosphate buffers and the Brij 35 stock solutions were kept in a freezer to prevent mold formation. Fresh working electrolyte solutions were prepared by appropriate dilutions of stocks through incorporation of solvents.

Pequi fruits were purchased from the local market of Belo Horizonte city, Minas Gerais, Brazil.

Instrumentation

CE system

Separation optimization experiments were conducted using a CE system (HP3d CE, Agilent Technologies, Palo Alto, CA, USA) equipped with a diode-array detector (with indirect detection), a temperature control device (set at 25 °C), and a data acquisition and treatment software (HP ChemStation, rev A.06.01). Samples were injected hydrodynamically (12.5 mbar for 5 s) and the electrophoretic system was operated under normal polarity and constant voltage (+19 kV); manual integration was performed by adjusting peaks and baselines. For all the experiments, a fused-silica capillary tube with fluoropolymer (TSH) external coating (Polymicro Technologies, Phoenix, AZ, USA) was used; the tube was 48.5 cm long (40 cm effective length), with an inner (id) and an outer (od) diameter of 75 and 375 μm, respectively.

Gas chromatography

FAMES, prepared according to the Hartman and Lago¹⁵ procedure, were analyzed by GC on a Shimadzu gas chromatograph (GC17A model), equipped with a flame ionization detector (FID), using a fused-silica capillary column with a cyano propyl polysiloxane stationary phase (CP 7420, 100 m, 0.25 mm, 0.25 μm; Varian, USA). The analysis was carried out under the chromatographic conditions established by the AOCS official method Ce 1h-05:¹⁶ an isothermal column temperature of 180 °C, injector and detector temperature of 250 °C, use of hydrogen as the carrier gas, and column pressure of 170 kPa. The compounds were identified by comparison of their retention times with FAME 13:0 (IS). Appropriate response factors were employed to convert the area percentage of FAME into true weight percentage. FAs were determined by adding FAME 13:0 as an IS (Sigma Aldrich®) and expressed as g/100 g of the sample. The precision of the method was evaluated by relative standard deviation (%RSD) (two genuine replicates).

Sample preparation

Capillary electrophoresis

Approximately 200 mg pequi fruits were ground, homogenized, and then saponified in 2.0 mL of methanolic NaOH solution (0.5 mol L⁻¹) in a hot water bath (75–80 °C) for 25 min. Saponification contents were then diluted in a 10.0 mL volumetric flask. Before CE injection, samples were diluted in MeOH (1:10v/v). The mass of any solid residue remaining in the saponification flask was weighed before the final calculation and was subtracted from the original mass. Analyses were performed in duplicate; the saponification scheme is shown in Figure 2.

Official method by GC

Lipid fraction of pequi fruits was extracted by the Folch method;¹⁷ next, the extracted sample was saponified in 2.0 mL of methanolic NaOH solution (0.5 mol L⁻¹) at 75–80 °C for 25 min in a hot aqueous bath, followed by methylation according to the method of Hartman and Lago.¹⁵ All the samples were ground and homogenized before the preparation steps, and they were analyzed in genuine duplicate.

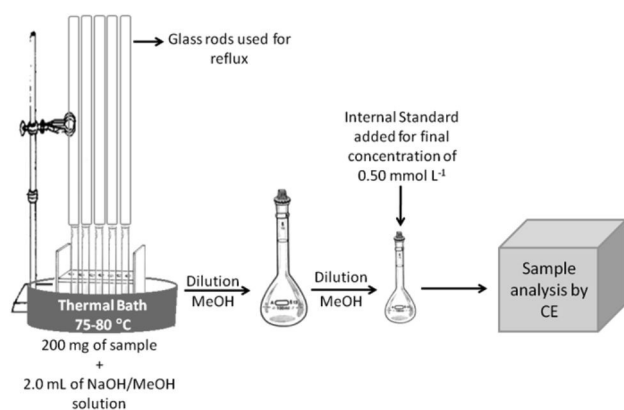


Figure 2. Preparation of pequi sample using CE method

Statistical analysis

The analyses were performed in duplicate. Data were expressed as mean \pm standard deviation. For comparison among means obtained by different methods, normality test was performed and the paired *t* test was conducted; no significant difference was observed in the 95% confidence levels ($p > 0.05$) between GC and CE methods. Pearson correlation was used to test the correlation between GC and CE methods used for the characterization of lipid profile.¹⁸

Analytical procedures

Prior to use, new capillaries were conditioned by pressure flushing with 1.0 mol L⁻¹ NaOH (30 min), deionized water (5 min), and electrolyte solution (10 min). In between runs, capillaries were regenerated by washing with 0.2 mol L⁻¹ NaOH (2 min), deionized water (2 min), and fresh electrolyte solution (3 min, pressure flush). This conditioning procedure was found to be critical for ensuring peak area and migration time repeatability, and for preventing the deleterious effect of solute adsorption onto the capillary wall.

RESULTS AND DISCUSSION

The use of a BGE for FA analysis of pequi pulp was according to the method described in a previously published paper.¹⁹ Consequently, the BGE consisted of 15.0 mmol L⁻¹ NaH₂PO₄/Na₂HPO₄ at pH 6.86, 4.0 mmol L⁻¹ SDBS, 8.3 mmol L⁻¹ Brij 35, 45% v/v can, and 2.1% n-octanol.

On the other hand, FA quantification of the real sample was based on a statistical study that involved response factor (R_f) calculation using C13:0 as an IS. To calculate R_f , a random experiment was performed in genuine replicates using C18:0, C18:1 9t, C18:1 9c, C16:0, C18:2cc, and C18:3ccc standard solutions at varying concentrations of 0.15, 0.30, 0.50, 0.70, 0.90, and 1.10 mmol L⁻¹, and C13:0 at a fixed concentration of 0.5 mmol L⁻¹.¹⁹

The R_f was calculated just once for each standard FA in the preliminary experiment (under controlled operational conditions), taking into account a rigorous statistical evaluation of the regression models by performing normality, homoscedasticity, and independence tests in residues and evaluation through the lack of fit test (ANOVA) in data set. If these tests did not present significant evidence for the considered interval (in the present case, all values obtained in the statistical tests were considered to be within the 95% confidence interval), the slopes obtained could be used as the response factors for sample quantification. On the other hand, if the analysis had been

performed using the same concentration of IS and same operational conditions (capillary dimensions, wavelength, cartridge temperature, etc.) as in the preliminary experiment, and there had been no violation of assumptions in the statistical tests (normality, homoscedasticity, independence, and lack of fit), response factors would be calculated for each FA, instead of performing experiments to obtain their values.

The R_f values calculated for quantification were 0.477, 0.555, 0.589, 0.626, and 0.818 for C18:0, C18:1c, C16:0, C18:2cc, and C18:3ccc, respectively.¹⁹ These R_f values were calculated using the following mathematical expression:

$$\frac{A_{FA_i}}{[FA_i]} = R_{f_i} \frac{A_{C13:0}}{[C13:0]} \quad (1)$$

where A_{FA_i} is the FA area, $A_{C13:0}$ is the IS area, $[FA_i]$ is the FA concentration in mmol L⁻¹, and $[C13:0]$ is the IS concentration fixed at 0.5 mmol L⁻¹. Subscript *i* represents the different FAs: C18:0, C18:1 9c, C16:0, C18:2cc, and C18:3ccc.

Since the regression model diagnosis was considered satisfactory, the slope could be used as R_f in equation (1), as long as the C13:0 was used at a concentration of 0.5 mmol L⁻¹, while concentrations of other FAs remaining unknown. Percentage for each FA (%FA_{*i*}) in the samples was calculated using equation (2), obtained after rearranging equation (1):

$$\%FA_i = \frac{A_{FA_i} \cdot [C13:0] \cdot V \cdot MW_{FA_i}}{R_{f_i} \cdot A_{C13:0} \cdot m} \quad (2)$$

where A_{FA} is the area of each FA, $A_{C13:0}$ is IS area, %FA is the percentage of each FA, $[C13:0]$ is the IS concentration that is fixed at 0.5 mmol L⁻¹, *V* is the volume in liters, *m* is the sample mass in milligrams, R_f is the response factor (fitted model slope), and MW_{FA} is the molecular weight of each FA.

Figure 3 shows the electropherograms obtained from the analysis of the standards and pequi samples. The BGE contained 15.0 mmol L⁻¹ NaH₂PO₄/Na₂HPO₄ at pH 6.86, 4.0 mmol L⁻¹ SDBS, 8.3 mmol L⁻¹ Brij 35, 45% v/v can, and 2.1% n-octanol. It is noteworthy that indirect UV detection was applied for FA analysis and peak integration was observed at a wavelength of 224 nm.

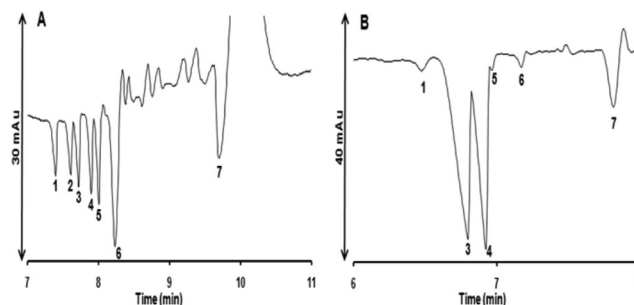


Figure 3. (A) Standard FA electropherograms of (1) C18:0, (2) C18:1 9t, (3) C18:1 9c, (4) C16:0, (5) C18:2, (6) C18:3, and (7) C13:0 (IS), all at a concentration of 0.50 mmol L⁻¹. (B) Pequi sample electropherogram. Operational conditions: injection for 4 s at 12.5 mbar, +19 kV applied voltage, and 25°C cartridge temperature, and indirect detection at 224 nm. Electrolyte: 15.0 mmol L⁻¹ NaH₂PO₄/Na₂HPO₄ at pH 6.86, 4.0 mmol L⁻¹ SDBS, 8.3 mmol L⁻¹ Brij 35, 45% v/v can, and 2.1% n-octanol

Comparison between CE and GC methods

To check the reliability of the CE method used for FA analysis, the pequi fruit samples were analyzed in genuine duplicate and the

results were compared with the AOCS official GC method Ce 1h-05.¹⁶ Table 1 shows the statistical results obtained during genuine duplicate analyses, expressed in mean values (Shapiro–Wilk normality test and paired sample *t* test) for CE and GC. For normality test, no significant difference was found for the 95% confidence interval because *p*-values were found to be higher than 0.05 (*p* = 0.905). According to the paired sample *t* test, no significant difference was observed in the 95% confidence interval (*p* = 0.989) between the two methodologies, and Pearson correlation coefficient was equal to 0.956.

Table 1. Fatty acids analysis statistical results for CE and GC methods

FA	% FA by CE	% FA by GC
C16:0	39.07	35.56
	38.32	35.10
mean	38.70	35.33
sd	0.52	0.32
C18:0	2.68	2.00
	2.51	1.94
mean	2.68	1.97
sd	0.23	0.04
C18:1 c	55.65	59.90
	56.77	58.06
mean	56.21	58.98
sd	0.79	1.30
C18:2 cc	1.27	1.17
	0.99	3.55
mean	1.13	2.36
sd	0.19	1.68
C18:3 ccc	1.14	1.94
	1.12	1.90
mean	1.13	1.92
sd	0.01	0.03

Normality test: *p*-value; 0.905; Paired test: *p*-value: 0.372; Pearson correlation: 0.996.

The results are satisfactory, indicating that the CE method can be used successfully for the determination of FA levels in this sample, without carrying out the steps of derivatization and lipid fraction extraction used in the classical method.

A scheme comparing the attractive CE method and the AOCS official GC method Ce 1h-05, in terms of analysis time, amount of chemical reagents necessary, and analytical throughput, is shown in Figure 4.

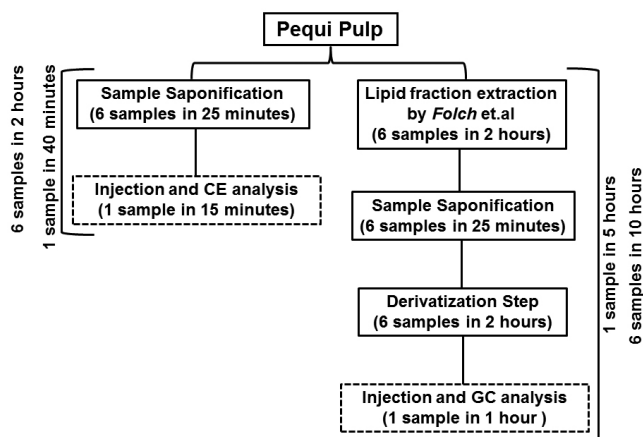


Figure 4. Analytical throughput comparison of CE and GC methods used for the analysis of pequi pulp

CONCLUSION

Pequi fruits have a high content of unsaturated FAs, with oleic acid being the major component, followed by palmitic acid. No statistical difference was observed in the 95% confidence intervals between capillary zone electrophoresis (CZE) and GC official method for FA analysis. Besides, the optimized CE method presents certain advantages, including short running time, response factor approach for FA quantification, simple steps for sample preparation (that is, absence of methylation reaction), reduction in costs with the use of organic reagents, and short total analysis time (higher throughput), in comparison with the classical GC official method. The CZE method reported in the present work is simple, easy, “ecofriendly,” and fit as an attractive method for application in screening or quality control of food products.

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